




Whiskeytown Trail Runs



	Aid Station		
	50K Course		
	30K Course (out and back)		
		50K Aid Stations	30K Aid Stations
		1) 3.56M	1) 3.56M
		2) 7.14M	2) 7.14M
		3) 12.8M	3) 11.4M
		4) 16.2M	4) 14.98M
		5) 20.0M	
		6) 24.5M	
		7) 28.0M	
		Finish 31.50M	Finish 18.54M