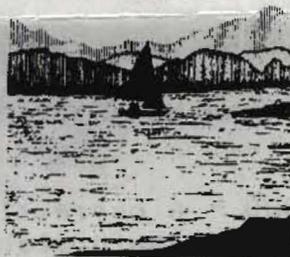


S.W.E.A.T.'s 14th ANNUAL WHISKEYTOWN LAKE RELAYS

Sunday, September 24, 1989
Whiskeytown Lake
19.3 miles



Locals Bill Honsal and Bill Rogers teamed up with Ken Vollenweider and Joe Brown as the "Public Trough Trotters" to take second place in the public employees division, running a 2:26:38, finishing in 57th place overall.

And the "Bottoms-Eureka Elite Runners" a.k.a. "B.E.E.R." made it's tenth consecutive appearance at the race; Rich Gilchrist, Dick Giacolini, Ken Yanosko, and Els Pence narrowly eked out a third-place finish in the same division (finishing 9 seconds ahead of fourth place) with a 2:33:48 and a 75th place overall finish.

The weather was about as good as can be expected for that part of the country--it was humid, of course, but not unbearably hot and the fourth leg runners were cooled by a welcome head wind. S.W.E.A.T. does a great job of managing this race, and the T-shirts this year are striking. I'll wear mine to Arcata Bottoms on November 11 so you can see it.

SRRC used to send over a dozen teams to this race every year. And besides, we have a reputation to uphold; the S.W.E.A.T. people, remembering the likes of Cottrell and Meyer and Sohrakoff, think we're a great bunch of partyers. So why don't you mark the last Sunday in September on your 1990 calendar, and plan to reestablish an old tradition. Besides, from where else can a back-of-the-pack runner like me come home with a division ribbon eight times out of ten?

Ken Yanosko

WHISKEYTOWN RELAYS, 1989

SRRC members comprised all or part of only three teams in this year's 14th annual running of S.W.E.A.T.'s Whiskeytown Relays, a 19.3 mile hilly trek for four-person teams around Whiskeytown Lake. But all three teams came home with first, second, or third place ribbons in their respective divisions.

Tim Martin, John Zinselmair, Ron Flenner, and Mike Holt, "The Good, the Bad, and the Aged," placed fifth overall and first in the men's 40-49 division with 1:53:25, a time that established a new master's record for the course.