



2009 Cross Country Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 24	25 <i>Sunset Thru the Trees Bailey Cove Trail</i>	26	27	28	29 <i>Moonlight Madness 8:00 pm Shasta Dam</i>
31	September 1 <i>Sunset Thru the Trees Mt. View School</i>	2	3	4	5 <i>Springhorn Classic Shasta College</i>
7 <i>No School</i>	8 <i>Sunset Thru the Trees Lake Redding</i>	9	10	11	12 <i>John Lipsey Memorial Run Cottonwood</i>
14	15	16	17 <i>U-Prep Hosts 4 - 8 @ Sundial Bridge</i>	18 <i>Grant Hosts K - 3 @ Grant</i>	19
21	22	23	24 <i>Redding Adventist Hosts 4 - 8 @ Kid's Kingdom</i>	25 <i>Redding Adventist Hosts K - 3 @ Caldwell Park</i>	26 <i>5K At Happy Valley School Flyer info to come...</i>
28	29	30	October 1 <i>Shasta Lake Hosts 4 - 8 @ Shasta Lake School</i>	2 <i>Bella Vista Hosts K- 3 @ Bella Vista School</i>	Sunday the 4 th <i>Lions Turtle Bay Run 8:39 a.m.</i>
5	6	7	8 <i>Cottonwood Hosts 4 - 8 @ And. River Park</i>	9 <i>Cottonwood Hosts K - 3 @ North Cottonwood School</i>	10
12	13	14 <i>Finals@ Whiskeytown 2:00 p.m. Registration</i>	15 <i>EHS Host K - 4 Finals @ Kid's Kingdom</i>	16	17