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DAILY NEWS [Archives](#)

DeCrescenzo, King Lead U.S. Teams to NACAC XC Titles

Americans went 1-2-3 in both women's and men's senior races

Ethiopian Triumph at Cold, Rainy Lake Biwa Marathon

Former NYC champ Hendrick Ramaala a well-beaten 11th

Olympic Marathoner Gemechu Gets Ban for EPO Use

She's the first Ethiopian to be busted for EPO

Linda Somers Smith Runs 45-49 Age-Group 10-Mile Mark of 57:09

The 1996 Olympian is running the LA Marathon on March 21

WEB EXCLUSIVES

Weekly Racing Recap for March 8, 2010

Sub-4:00 mile deluge continues

Is the Key to Curing Plantar Fasciitis in Your Toes?

Research shows it might not be a problem of inflammation

Weekly Racing Recap for March 1, 2010

What a weekend! World's Best 10K, Mardi Gras Half Marathon and more

Running Low on Fuel, on Purpose

How no-carb long runs can make you a better marathoner

AS SEEN IN THE MAGAZINE

Wisconsin's OshKosh Distance Program Thrives in Division Three

Watchful coaches pull talent out of the woodwork

A Heart Attack Changes a Running Life

When something is lost, something is gained

Weight Lifting in the Off-Season

Help your kick by working your arms

Training Tweaks for 2010

Part 1: Improved speed work, marathon training, mileage

Jason Hartmann Runs Into the Limelight

His win at the Twin Cities Marathon ranks him with the best

Spring Running Shoe Trends

Are minimalist shoes and higher prices here to stay?

2010 Training Tweaks, Part 2

No fear + hills and mileage to manage peaking

Kenya Strikes Back

Linet Masai and Vivian Cheruiyot eclipse the Ethiopians

Conquer Your Pre-Race Jitters

10 steps to staying calm

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New: Running Times Apparel



We worked with Running Warehouse to develop this line of soft, comfortable cotton tees and sweats. They're the perfect way to tell the world you're a runner, without saying a word. [Click here to see the full line.](#)



Performance Podcasts

[Spring Running Shoe Trends](#)

Are minimalist shoes and higher prices here to stay?