

# John Frank race turns 40 this year

## About 700 expected for trio of races at Lake Redding Park

By **Aaron Williams**

Record Searchlight

Just like the Redding Marathon, numbers are up for the 40th annual NorCal John Frank Memorial run on Saturday at Lake Redding Park.

Race director John Luac-

es expect about 700 runners, about 50 more than last year.

The John Frank is a series of races — a 1-mile jaunt for schoolchildren in kindergarten through eighth-grades — as well as 3- and 10-mile races.

The race is a tribute to Frank, who set the three-mile

course record in 1979 as a Central Valley High School student, then captured the state cross country championship in 1980. Frank, who went on to have a successful running career at Oregon State University, died in an industrial accident in 1986.

The 1-mile race begins at 8:30 a.m., with the other two races starting at 10 a.m.

The John Frank is a stop in the Pacific Association/United

States Track and Field 10-mile Road Championship series with a total of \$3,000 for elite runners.

“Because they can earn points and prize money we get a lot of runners from out of the area,” Luaces said.

That includes last year’s winner and course-record holder Sergio Reyes of Los Osos, who ran the 10-mile course in 48 minutes, 50 seconds last year.

Allison Kerr, last year’s

women’s winner with a 1:00.22, returns to the field this year as well.

The races are open to all, but only USTA members are eligible for prizes and series points.

All three races benefit the Shasta Wonderland Elite Athletic Team’s scholarships given to high school athletes heading to college to pursue running.

The 1-mile race also benefits

# JOHN FRANK

---

CONTINUED FROM B-4

the elementary school track programs as runners compile points for their schools.

"We're giving \$1,300 back to the school and handing out \$4,300 total," Luaces said including the elite prize money available.

People can register online at [www.active.com](http://www.active.com), or at packet pick-up from 11 a.m. to 7 p.m. Friday at Fleet Feet Sports. Race-day registration is planned from 7 to 9:45 a.m. Saturday at the picnic pavilion in Caldwell

Park. For more information, contact Luaces at 526-3076 or [sweatrc@sbc-global.com](mailto:sweatrc@sbc-global.com) or visit [www.sweatrc.com](http://www.sweatrc.com) for entry forms, course maps and pictures.

Cost is \$30 for the 10-mile race and \$25 for 3-mile race.

Kids in the 1-mile race compete for free unless they'd like a T-shirt.

For more information, call Luaces at 526-3076.

*Sports Editor Aaron Williams can be reached at [awilliams@redding.com](mailto:awilliams@redding.com) or 225-8229.*