

650 expected to run in annual NorCal event

About 650 runners are expected to take part in the 17th annual NorCal run, renamed the John Frank Memorial Run, Saturday, the race's co-director said Thursday.

"Entries are about the same as last year. We're expecting about another 200 entries in the next two days," said Linda Doniak, race co-director and member of the sponsoring Shasta Wonderland Elite Athletic Team (SWEAT).

As of Thursday, there were 70 people registered for the one-mile fun run, 134 men and 115 women for the three-mile race, and 65 men and 25 women for the 10-mile run.

Registration will be held today at the Red Lion Motor Inn until

8 p.m. Entry fee is \$12 per person for the three- and 10-mile, \$1.50 for participants in the one-mile fun run.

Race-day registration closes at 9 a.m. at Lake Redding Park with the start of the fun run, Doniak said. The three- and 10-mile races start at 10 a.m. on Diestelhorst Bridge.

"I'm really excited about (the event). I just wish that if it's going to rain it would go ahead and get it over with," she added.

The run will memorialize John Frank, former SWEAT member and state champion runner in 1979 at Central Valley High School. Frank died in a freak industrial accident at Yosemite National Park Oct. 14.